

Do It Yourself Acupressure Kit

Acupressure & Acupuncture therapy have been recommended for discomfort and speedy recovery of health problems for thousands of years.

We have created a special product called QuantaGram™. This product is a special disposable non-invasive holographic sticker.

This kit contains 36 disposable holograms along with common placements for Acupressure points. You can use, learn and experience acupressure by following these points shown inside this kit.

This QuantaGram™ Acupressure Kit has been designed to be a non-invasive, safe, and effective way to learn our method of "do-it-yourself" Acupressure at home. This can help facilitate energetic communication via the body's meridians supporting harmony and a balanced body. Acupressure also supports the body's ability to cleanse, balance and build.

USAGE: For external use only. Apply hologram sticker on acupressure points as indicated in diagrams inside this brochure for "do-it-yourself" acupressure.

These safe non-trans-dermal holograms do not have to touch the skin and can also be placed on bandages or clothing at the selected points.

100% PRODUCT GUARANTEE: We stand by the quality of each of our products with a 100% satisfaction guarantee.

QuantumLifestyle.com

©2021 Quantum Lifestyle, LLC • 1063-C Greenbag Road
Morgantown, WV 26508, USA • all rights reserved

IMPORTANT: This product is not intended to treat disease, replace medication, support or sustain human life, or prevent impairment of human health. Keep out of reach of children.

PROPER CARE: To keep your Holograms safe and fresh, do not store near electrical appliances and store them in the included static bag.

WARNING: Do not use if pregnant. If using the Sleep Hologram, do not drive or operate heavy machinery. Do not place on open sores or bleeding areas. If you suffer from [any] health [conditions,] consult [a] medical professional prior to use of this product or any type of acupressure.

FOR EXTERNAL USE ONLY: Choking Hazard, keep out of reach of children. Do not eat or place in mouth.

Lot# 1 Expires: 1/2026

Quantum Lifestyle
QuantaGram™



Quantum Lifestyle
QuantaGram™



ENERGY
ENDURANCE
AND STRENGTH

Learn Do-It-Yourself Acupressure

- Quick & Simple to use
- Safe - Non Trans-dermal Holographic Placement Stickers
- Acupressure utilizes energy pathways to trigger release of muscular tension and blood flow
- Supports The Body's Natural Ability To Feel Better
- An Experience To Enhance Your Life

This Kit Contains 36 Disposable QuantaGram™ Holograms and Instructions

Drink water to improve
cellular communication

RUNNING

LUNG – LU - 1



Located on the outer part of the chest, four finger widths up from armpit crease and one finger width inward. Can also be used as an overall TOTAL BODY ENERGY placement.

TOTAL BODY ENERGY

CONCEPTION VESSEL – CV - 6 & CV - 4

CV-6 is located two finger widths directly below the belly button.

CV-4 is four finger widths below the belly button.

Aids in influencing total body energy.



TOTAL ENERGY

LIVER – LV - 2

Located at the top of foot at the juncture of the big and second toe. - Place on both feet.
Aids in total body energy and arm strength.



Multiple types of
Holograms can be used
Simultaneously

LEG & BACK STRENGTH

Bladder – BL - 60

Located on the outside of the ankle. At the very top of the anklebone, draw a straight line to the Achilles tendon. In the hollow between the tendon and the anklebone is where you would place the Hologram.

Aids in leg strength.



ARM STRENGTH

PERICARDIUM – PC - 6

Located about 3 to 4 finger widths from the crease in the palm side of the wrist. Place on inside of both wrists. Can also be used as a overall ENERGY placement. Assists in influencing total body strength.



CHEST STRENGTH

STOMACH ST - 18

Located two finger widths below the center of the nipple. Supports blood flow and muscle endurance of the chest.



Apply Quantum Lifestyle Holograms on the points as described above. Place on clean, dry and oil-free skin (clean with hydrogen peroxide, when possible). The hologram's adhesive is a food grade adhesive. It may not stay in place due to the many different skin types or climates.